

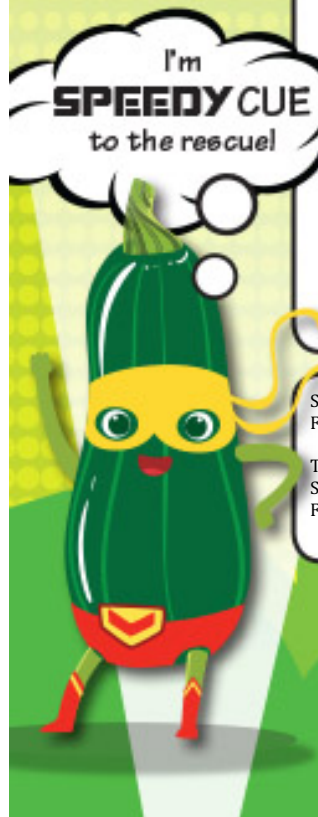
SEPTEMBER

2018

GOOD EATS AT

City View
JH/HS

M	T	W	TH	F
Holiday 3	Breakfast Taquito, Fresh Fruit, Juice, Milk Crispy Tacos, Cucumber Cup, Perfect Pinto Beans, Orange Smiles, Salsa, Spanish Rice, Lettuce&Tomato Garnish 4	Waffles, Sausage, Fresh Fruit, Juice, Milk Chicken Nuggets, Mashed Potato, Roll, Garden Salad, Pears, Milk 5	Donut, Sausage, Fresh Fruit, Juice, Milk PK-French Toast Hot Dog, Oven Fries, Baby Carrots, Snowball Salad, Milk PK-Grilled Cheese 6	Breakfast Pizza Fresh Fruit, Juice, Milk Pulled Pork Sliders, Coleslaw, Garden Salad, Pineapple Chilled, Savory Green Beans, Chips, Milk 7
Pancake, Sausage, Fresh Fruit, Juice, Milk Oven Roasted Chicken, Broccoli, Baked Beans, Roll, Apple-Pineapple Delight, Milk 10	Breakfast Burrito, Hashbrown, Fresh Fruit, Juice, Milk Nachos Grande, Charro Beans, Tiny Tomato Cup, Cucumber Slices, Lettuce & Tomato Garnish Fresh Peaches, Sherbet Cup Milk 11	Biscuit, Gravy, Eggs, Bacon, Fresh Fruit, Juice, Milk Chicken Sandwich, Oven Fries, Red Pepper Strips, Lettuce & Tomato Garnish Mandarin Oranges, Milk 12	Morning Griddle Sandwich, Fresh Fruit, Juice, Milk Asian Bowl, Egg Roll, Roasted Potatoes, Garden Salad, Fruity Gelatin, Milk 13	Breakfast Bread, Fresh Fruit, Juice, Milk Pizza Choice, Sweet Potato Tots, Crunchy Broccoli Salad, Fresh Fruit, Milk Brownie(JH/HS Only) 14
Waffles, Bacon, Fresh Fruit, Juice, Milk Chicken Fried Steak, Mashed Potatoes, Gravy, Breaded Okra, Roll, Fresh Strawberries, Milk 17	Cheesy Toast, Sausage, Fresh Fruit, Juice, Milk Enchiladas, Perfect Pinto Beans, Zesty Cucumbers, Lettuce&Tomato Garnish, Spanish Rice(HS Only) Rosa Applesauce, Milk 18	Biscuit, Gravy, Eggs, Fresh Fruit, Juice, Milk Hamburger/Cheeseburger, Sweet Potato Fries, Steamed Broccoli, Hamburger Garnish, Fresh Mixed Fruit, Rice Crispy Treat, Milk 19	Breakfast Taquito, Fresh Fruit, Juice, Milk BBQ on a Bun, Coleslaw, Savory Green Beans, Orange Smiles, Milk 20	Breakfast Pizza, Fresh Fruit, Juice, Milk Chicken Spaghetti, Garden Salad, Glazed Carrots, Breadstick, Fresh Apple Slices, Milk 21
Sausage Biscuit, Fresh Fruit, Juice, Milk Texas Basket, Oven Fries, Squash/Zucchini Cup, Fresh Mixed Fruit, Milk 24	Breakfast Combo, Fresh Fruit, Juice, Milk Tex-Mex, Charro Beans, Lettuce&Tomato Garnish, Tiny Tomato Cup, Salsa Spanish Rice(HS Only) Peaches, Milk 25	Chicken-n-Waffles Fresh Fruit, Juice, Milk Chicken Alfredo, Tuscan Vegetables, Garden Salad, Breadstick, Hot Cinnamon Apples, Cookie, Milk 26	Pancake, Sausage, Fresh Fruit, Juice, Milk Ranchero Wrap, Fresh Broccoli, Cucumber Slices, Snowball Salad, Milk 27	French Toast, Bacon, Fresh Fruit, Juice, Milk Mustang Chicken Bowl, Savory Green Beans, Roll, Fresh Apple Slices Milk 28



GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
OCTOBER 8-12
SquareMeals.org/nslw

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